

Yes, the child can do it

Parenting Tips



Let's talk

How? Retrieve moments of conversation often replaced by screen time for both children and families.

Benefits: Stimulates language and socio-emotional development.

Mindful Attention

How? Establish eye contact and practice active listening, sharing quality moments through reading and play.

Benefits: Improves communication, learning, and family relationships.

Autonomy

How? The child is capable of solving many daily situations on their own. Adults should trust their abilities and provide support.

Benefits: Boosts self-esteem and self-confidence, enabling the child to make small decisions in the future.

Solid Food

How? Trust the child's innate ability not to choke and their curiosity to discover new foods.

Benefits: Enhances psychomotor development, phonological apparatus, and speech.

Sources of Information

How? Social media is not always reliable; it's better to listen to the professionals who support your child.

Benefits: Parenting based on experience and verified knowledge.



Ajuntament de Ripollet

